

# Women's Seminar

April 25-26, 2020



Saturday: 9am-12pm 1-4pm  
Sunday: 9am-12pm 1-4pm

Entire Seminar \$75.00

One day only: \$50.00

Payment accepted by cash or checks only

One Point Center Aikido is happy to host an Aikido seminar for women. No previous rank or affiliation required. The seminar will be led by Costanzo Sensei and include other surprises.

Dianne Costanzo Sensei is chief instructor of Tokushinkan Dojo, One Point Center Aikido, Oak Park, IL and holds the rank of rokudan (6<sup>th</sup> degree black belt). She also currently teaches at Dominican University in River Forest, Illinois.

One Point Center Aikido, Tokushinkan Dojo: 48 Lake St. Oak Park, IL 708-383-4711  
<http://www.tokushinkan.net>